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Classic Recipes of Tuscany

By Valentina Harris

Anness Publishing. Hardback. Book Condition: new. BRAND NEW, Classic Recipes of Tuscany, Valentina Harris, This book presents traditional food and cooking in 25 authentic dishes. You can explore the culinary delights of Tuscany in 25 classic recipes presented in a stylish gift book. It features a wide range of dishes, from soups, antipasti and pasta to fish and shellfish, poultry, meat, vegetables and cakes and desserts. The introduction offers a concise overview of this best-loved cuisine, as well as insightful information on annual festivals, and a guide to the main ingredients of the region. It is illustrated with gorgeous photographs by Martin Brigdale of every finished dish. From the rugged mountains in the north-east and the Chianti vineyards around Siena to the verdant Arno river valley and fertile coastal strip of Maremma, the region of Tuscany produces a wealth of fine local produce, wonderful wines, rich olive oil and the much-prized truffle. Through the centuries these signature ingredients have been transformed into countless dishes by generations of cooks. This collection of recipes features such classic dishes as Tuscan Bean and Cabbage Soup; La Panzanella, Vincisgrassi; and the irresistible fruit and nut cake, Panforte. With beautiful photography, step-by-step recipe instructions, and cook's...



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