



## The Virtues of Self Help

By Christine B. Whelan

Templeton Foundation Press, U.S. Paperback. Book Condition: new. BRAND NEW, The Virtues of Self Help, Christine B. Whelan, We all know what "WTF" usually stands for: it's an exclamation of frustration and anger, and it's an understandable reaction to the tough new economic realities that have hit young adults harder than any other group. "WTF happened to promises of a bright future? What happened to the jobs? And what do we do now that the rules have changed?" Recent college grads were raised in a time of affluence and entitlement, lulled into thinking that a golden future would just happen. With few role models to teach values like thrift, perseverance, and self-control, young adults are ill-equipped to cope with sacrifice and failure, and their dismal employment prospects are merely the most visible symptom of greater challenges. Fortunately, it's not too late to change course. This optimistic, introspective, and technologically savvy generation already possesses many of the tools they need to thrive--if only they learn to harness the necessary skills for success. In "Generation WTF," Christine Whelan does just that. Dr. Whelan, one of the foremost authorities on the history of the self-help genre, worked with more than one hundred young people...

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